

Growing Together: Annual Impact Report 2022-23



Proud member of the Couchiching Ontario Health Team serving Orillia, Oro-Medonte, Ramara, Severn and Chippewas of Rama First Nation



Vision

Honouring every moment of life

Mission

To provide quality end-of-life palliative care with compassion, dignity, and respect in a peaceful homelike setting.

Strategic Priorities 2021-24

Growing a resilient organization

The key elements of this priority include developing a Human Resources strategy that ensures staff well-being, developing an effective Board governance structure to align with provincial standards, and developing a volunteer framework to ensure that volunteer resources are adequate, ongoing support is offered and appropriate supervision is in place.



The focus of this priority is to create a long-term Fund Development Strategy identifying priority areas to increase financial contributions and stimulate resource development.







Strengthening & Optimizing Community Partnerhips

The key elements of this priority include exploring partnership opportunities with Hospice Orillia to enhance and optimize palliative care services for our community, enhancing the profile of MHH within our local health care and community service organizations, and developing an ambassador program to expand our capacity for public speaking and participating at community events.

Board of Directors

The Board of Directors of Mariposa House Hospice is welcoming a new member to the team! Dr. Neda Rowhani-Seki has accepted a position on the Board that was made vacant when Dr. Si Lowry completed his year as "past president."

Directors for 2022-23

Dave Carson, President
Beverly Lashbrook, Vice President
Gordon Robertson, Treasurer
John Mayo
Margaret Pomeroy
Jillian Brazda
Dr. Si Lowry

Directors for 2023-24 (to be ratified at AGM)

Dave Carson, President
Beverly Lashbrook, Vice President
Gordon Robertson, Treasurer
John Mayo
Margaret Pomeroy (until Dec '23)
Jillian Brazda
Dr. Neda Rowhani-Seki

Thank you to Dr. Lowry has been a tireless advocate for residential hospice care in the Couchiching area for many years. He was one of the founding Board members of the new organization which incorporated in 2017, and he has given countless presentations to raise awareness and funds so that the vision of Mariposa House Hospice could become a reality. Going forward, Dr. Lowry is leading a sub-committee to install solar panels on the hospice building and continuing to help keep the grounds looking beautiful (in partnership with hospice staff, volunteers, and Scott's Garden Centre).







In memoriam



The entire MHH team was saddened to hear of the loss of former board member, donor and friend, Brian Barr. Brian was inspired to get involved with MHH back when it was a vision and a dream for the future. He served on the inaugural Board of Directors, bringing extensive knowledge and experience in business and finance that was essential to the planning and building phase.

After stepping down from the Board, Brian continued to support the operations of Mariposa House Hospice right up to the time of his passing. His legacy will live on within our organization in many ways, including the birds that visit our beautiful gardens and give our residents and families so much joy. Several of the bird feeding stations were donated by Brian and Joan Barr during the "outfitting" of MHH. The sitting area in the common room also has a plaque to acknowledge Brian and Joan's generous donation to our capital campaign.

Brian is pictured below, on the far left, with the rest of the inaugural Board on the day we "broke ground".

We wish to extend our sincere condolences to the Barr family and to the community members who knew and loved him.



Messages from our Leadership Team

From our Board President

As we pass our second anniversary of opening it is nice to reflect on the accomplishments of our organization. Our team has been able to attract an incredible group of professionals who serve all our clients with dignity and care. More than 200 families have been cared for through one of life's toughest transitions. Thank you to our amazing staff team for their dedication.

We must not forget about the amazing team of volunteers who have stepped up to support our daily operations. Without them hospice would not be what it is. We have a multitude of volunteers who help within the house, as well as a volunteer fundraising team that commits to 3 major fundraising events a year which helps generate a portion of the much needed funding for the hospice. Thank you ladies and gentlemen.

As well, we should remember that our communities support us financially. Thank you to Orillia, Severn, Oro-Medonte, Chippewa's of Rama First Nation, Ramara and the County of Simcoe for your ongoing support.

The board continues to strive for excellence at Mariposa House Hospice and we are always accessible to you should you have any feedback that you wish to pass along. It is our hope that our community finds Mariposa House an amazing resource for your palliative care needs.

Dave Carson Board President



From our Executive Director

To the MHH family - which includes staff, volunteers, family members of current and past residents, community partners, and donors.

The 2022-23 year was a very successful one for our organization. We started to see a shift from the "start up" phase to the "fully operational" phase. In other words, we went from infancy to toddlerhood!

In addition to caring for 116 individuals during this 12-month period, we supported hundreds of family members and friends, further developed our internal policies and processes, raised over \$1 million to support our operations, completed several projects that were leftover from our opening in the midst of COVID, and set the stage for more projects to be completed in the next fiscal year (solar panels, refreshment centre, Butterfly Club installation, enclosed veranda, memory wall, etc).

To make all of this possible, we needed to grow our staff team. In the 2022-23 year, we increased our Facility Coordinator to Full Time, and introduced three part time roles: Donor Relations, Administrative Assistant, and Kitchen Administrator. It is wonderful to see staff and volunteers joining together around a common goal ensuring quality end-of-life palliative care in a peaceful, welcoming, homelike setting while ensuring a safe and supportive workplace for those providing care.

The support of our community is evident everywhere you look in the hospice and on the grounds. From the community quilt, to the capital donor wall, to the engraved patio stones, to the pieces of art, and more, names of community members that support the hospice in various ways are all around us. Thanks to each of you for helping MHH to grow and thrive.

From our Medical Director

It is my honour to continue to serve Mariposa House Hospice as Medical Director since opening day. My goal is to continue to support the team in any way possible to provide quality palliative and end-of-life care in our house. I am truly in awe of the incredible nurses, PSWs, hospice staff and volunteers who continue to go over and above to provide exemplary day to day care of our patients. My patients and their families, without fail, complement the quality of care provided at Mariposa House.

I also want to thank the family physicians and nurse practitioners who provide seamless continuity of medical care from home or hospital to hospice and make the transitions in care as smooth as possible. I personally continue to support out of town patients who do not have a local family physician so that patients without a care provider are not left without a physician to care for their medical needs while at MHH.

Lastly, a personal thanks to all of our donors who make this all possible.

Sincerely, Erika Catford, MD, CCFP



Our Staff Team

April 2022 - March 2023

Renee W/

Merja M

Jaime P

Teresa M

Lisa-Ann M

Executive Director

Medical Director

Clinical Manager

Annalise Stenekes

Dr. Erika Catford

Katlyn Ross

Caitlin M

Denise H

Alysha K

Karine B

Karen W

Nurses

Lisa A Julie L

Deborah S Kirsten B

Jennifer N Lisa K

Lindsay C Saleen C

Emily C Sandra Z

Krysta W Sheri F

Sara S Tania S

Jackelyn Y Ashtyn M

Administrative Assistant

Personal Support Workers

Brittany Camilleri/ Denise Hawman

Operations Coordinator

Kandas Bartlett

Facility Coordinator
Robert Cole / Greg Muir

Donor Relations Coordinator

Lynn Thomas

Greeter and Cuddle Giver

Poppy the Poodle



Staff Wellness and Education

- Introduced monthly "Connection Sessions" with registered Social Worker
- "Partnering Horses with Humans" session offered to our Full Time staff by donation, sponsored by Sue Dixon
- · Various education sessions provided
- Participated in HPCO annual conference
- Hosted our first annual Staff Holiday Party
- Offered a "Sound Bath and Restorative Yoga" session to all staff
- Reflexology offered from volunteer Tracy Kelly
- Celebrated PSW Day, Nurses Week, Administrative Professionals Day, and Custodian Appreciation Day



Our Volunteer Team

April 2022 - March 2023

Reception

Andrea Town Anneke Sharpe Carol Keith Cathy Rostance Cheryl Behan Chris Zeeb Dawn Johnstone **Dennis Smith** Ellen Cohen Helen Mortier Irene Malloch Irene Moore Irene Scheireich Janette Mainey Jeanne Page Jennifer Van Iersel Joan Kane Justyna Bronson Lisa McNeely Lynn Lehman Maggie Martin Marg Mayo Mary Valdal Michael Price Pamela Bowes Sylvia Smith Sandy Karlowski **Todd Taylor** Veronika Armstrong

Kitchen

Chef Dave Hallman Heidi Hoover Irene Scheirich Mary Valdal Nancy Seed Sandi Spencer

Music

Susan Smith

Reflexology

Tracy Kelly

IT & Online

Mike Forgie Christine Cox

Development

Mary Kate Murphy
Lianne Greenway
Lucy Gordon
Irene Scheireich
Derek McTavish (Hike)
Angela Baker
Mary Betsworth
Trish Titcombe
Lynn Tyndall
Jodie Henderson

Fundraising Events

Sue Morris
Roberta Newman
Lianne Raymond
Gloria James
Karen Uren
Robin Sanders
Sue Peacock
Glenna Cockburn





Gardens & Facility

Orillia Horticulture Society Rick Indeway



Volunteer Appreciation and Recognition

Key updates for 2022-23:

- To celebrate Volunteer Day in April 2022, we sourced some local honey to show our appreciation for our "sweet" volunteers.
- We also invited volunteers to attend small gatherings at the hospice house twice throughout the year to show our appreciation and give them a chance to meet and support one another.
- Introduced "kitchen volunteer" role in January 2023 to support daily operations
- Welcomed 12 new reception volunteers
- Participated in the June Callwood Award for the second year in a row. More details on the following page!



We estimate that over 3000 volunteer hours are given each year by our volunteer team including reception, I.T., gardens and facility, development, fundraising events, music, reflexology, kitchen, and board members. MHH would not be possible without you!

June Callwood Award

Congratulations to Roberta Newman

THE MARIPOSA HOUSE HOSPICE VOLUNTEER NAMED TO JOIN THE JUNE CALLWOOD CIRCLE OF OUTSTANDING VOLUNTEERS IN 2023!

Roberta's passion and dedication to assist with fundraising and administration plays an integral role in Mariposa House Hospice being able to "honour every moment of life".



The June Callwood Awards acknowledge outstanding Hospice Volunteers from across Ontario. The Award was established and named in honour of the late June Callwood in 1994 in recognition of her long-time advocacy for hospice care. The award will be presented by Hospice Palliative Care Ontario at the annual conference on Sunday, June 11, 2023.

"How can I help?"

These are the first words said by Roberta Newman in 2017 when asked to support the yet-to-be-built Mariposa House Hospice as a fundraising volunteer.

These four words perfectly summarize
Roberta's approach – she is always willing to
help in whatever way is needed. In addition to
her various administrative skills, Roberta has
experienced hospice care personally which
means she brings a lot of passion to her
volunteer role.

Now that our hospice is up and running, Roberta continues to share her time and skills to make sure that hospice care is available to everyone in our community.



Supporting our residents and families

- Introduced daily soup program for family members and visitors at the hospice. Supported by volunteer Chef Dave, PSW Renee, and a team of 5 kitchen volunteers.
- Introduced reflexology support for residents and their family members (as well as staff members!). Thanks to volunteer Tracy Kelly for makinghis possible! Equipment sponsored by a past resident family member.

 Memorial held in Spring 2022 and Fall 2022 (64 + 56 people honoured)
- Introduced intake / admissions support role
- Added more furniture to the outdoor area including picnic table, patio
- furniture with fire table
 Partnered with Rustica to offer a special anniversary meal to one of our
- residents and her husband
 Gave donor sponsored Christmas baskets to our residents as a part of our
- 1st annual Holiday giving campaign



Building and grounds

- · Addressed deficiencies with flooring, roof, and HVAC system
- Continuing to enhance gardens
- Increased Facility Coordinator to Full Time
- · County of Simcoe capital grant extended
- Beginning work on solar panels thanks to capital grant from County of Simcoe

Community presence

Online

• Website, Facebook, Instagram, Linked In, You Tube

Memberships/Community Involvement

- Chamber of Commerce membership
- BNI Lake Country Chapter
- Participated in Hospice Palliative Care Ontario MPP Day
- Santa Claus Parade

Community Presentations

- Twin Lakes Probus
- Catholic Women's League
- Lake Country Probus
- Pre Budget Consultation with the Parliamentary Assistant to the Minister of Finance
- Retired Women Teachers of Ontario

Community partnerships

- Hospice Orillia
 - Participated in and supported the annual Garden and Candles of Remembrance events
 - Hike for Hospice
 - Collaborative Hospice Volunteer Training
 - Social work
- The Sharing Place
- Orillia Museum of Art and History
- Simcoe County Paramedics
- Orillia & District Chamber of Commerce





Development & Fundraising Initiatives April 2022 - March 2023

Introduced Donor Relations staff member Lynn Thomas lynnrthomas@mariposahousehospice.com

In House Development:

- Hike 2022 strong turnout for our return to in person
- 19th Hole event post virtual Golf Tournament celebration
- Patio Stone Engraving increased awareness & meeting with resident's families in person
- Quarterly newsletter introduced in August 2022
- 1st Giving Tuesday 2022 and 1st Annual Holiday giving campaign were both a huge success!
- OMAH Art at the Hospice fundraiser developed new brochure to promote this unique opportunity
- Third Party events & initiatives (too many to mention)
- Butterfly Club engagement and growth (several in house small group gatherings, NEW lapel pin in appreciation to members)
- 1st Orillia Santa Claus Parade (awarded 2nd place for service groups and non profit)







Development & Fundraising Initiatives cont...







- Introduced NEW welcome and giving option card placed in resident's rooms for communication with family members
- Acquired several high level donations
- Donor tours
- NEW MHH Communications Video available on our website and You Tube channel
- Start of CFOA Endowment Fund seed funding by Lily of the Valley Chapter 141 Order of the Eastern Star
- Membership with the Orillia District Chamber of Commerce
- Start of Development Leadership Team consisting of the executive director, donor relations coordinator, a board member and member(s) of fundraising events volunteer team
- Enhanced communications including radio, CTV news, local advertising, representing MHH at local events, addition of Mailchimp & Canva to our promotional toolkit

Fundraising Events Volunteer Team:

- Golf 2022
- Angel Tree 2022

- \$198,800 of in memory donations given
- 69 Butterfly Club members





Donor & Sponsor recognition

We are constantly surprised and honoured by the number of local businesses, organizations, individuals and families that step up to support MHH and therefore support the care we give to our residents.

Special acknowledgement to the Ilse & Hugo Ruff Charitable Gift Fund which has contributed significant, much needed, annual operational funds since opening

From fundraising events, in-house gatherings in appreciation of our volunteers or donors, to new pledges, "Wish List Wednesday" donations, in memory donations, and naming new features or spaces in our house, we appreciate each and every time people support the work that we do to provide quality end-of-life care at no cost to our residents and their loved ones.

Thank you to the corporate sponsors, in kind and service businesses, planned giving donors and one time donors for believing in MHH and the service we provide to the greater Couchiching area!

We couldn't do it without you!

Sincerely, Lynn Thomas, Donor Relations Coordinator





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WHAT's NEXT? We are completing features within the hospice house to acknowledge the ongoing donors of the **Butterfly Club** as well as the donors who collectively or as a family gave a minimum of \$5000 in memory of a loved one. These names will be added to a new "In Memory" wall and will be permanently on display in the care wing to show our appreciation.





Audited Financial Report

MARIP	OSA	HOUSE	E	IOSPICE		
STA	TEME			AL POSITION		
		AS AT	Ma	rch 31, 2023		
		2023	_	2022		
ASSETS						
CURRENT						
Cash	\$	312,791	\$	955,251		
Temporary investments (Note 2)		299,456		-		
Receivables (Note 3)		344,507		200,398		
Prepaids		13,128	_	11,850		
INIVESTMENTS (Note 2)		969,882		1,167,499		
INVESTMENTS (Note 2) TANGIBLE CAPITAL ASSETS (Note 4)		550,000 3,986,689		3,986,227		
TANGIBLE CAPITAL ASSETS (NOTE 4)			_			
	= \$	5,506,571	\$	5,153,726		
LIABILITIES						
CURRENT Accounts payable and accruals (Note 6)	\$	109,566	ċ	161,339		
Deferred contributions	7	103,300	7	10,000		
Current portion of long-term debt (Note 7)				229,167		
		109,566	_	400,506		
DEFERRED CONTRIBUTIONS - TANGIBLE CAPITAL ASSETS (Note 8)	_	3,735,154		3,764,002		
TOTAL LIABILITIES		3,844,720	10000	4,164,508	₽.	
NET ASSETS						
Unrestricted	_	1,661,851		989,218		
	Ś	5,506,571	Ś	5,153,726		
Approved on behalf of the board: Director Director	ber	Direc	tor			
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•	■ Bu	tterfly Club Hu	go a	In Memory == and Ilse Ruff End	Fundraising Initiatives lowment	S
750,000 —			_			
:						
:						
500,000						
•						
250,000						
230,000						
CANATCKY	1					
JAMANIJA						
CHARTERED PROTESSIONAL ACCOUNTANTS						

Service statistics

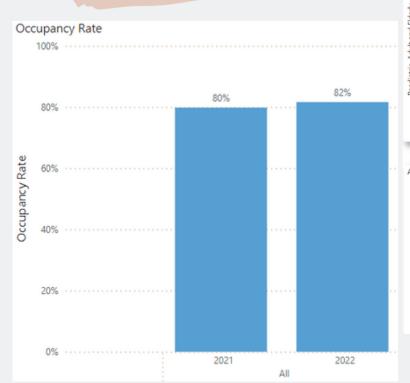
Individuals served since opening: 243

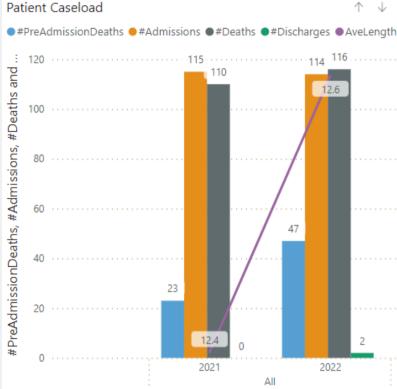
Individuals served this year: 116

Hospice bed days provided this year: 1437

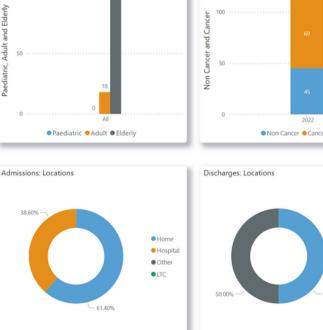


Occupancy Rate 82%
Location Preference 86%
Satisfaction 95%
Positive Impact 90%





Admissions: Cancer and NonCancer



Admissions: Age Groups

Other

Family Member Quotes



June 2022

How does one begin to thank you - staff and volunteers - for the wonderful care and support you gave to my husband and our family? Thank you isn't enough because it just can't capture the depth of our gratitude! Everything you did met and exceeded our expectations. He felt valued, safe, and well cared for by each of you and he wanted me to tell you that. I will never forget all that you did for all of us over those four weeks. You allowed and encouraged me to be his wife, not his nurse, and that gave us wonderful moments together to share memories, celebrate our life together and to say goodbye.

Sept 2022

To the most amazing group of people! Thank you so much (from the bottom of my heart) for treating my brother with such care and dignity... even though he was only there for a short time... you helped carry out all his wishes with us. I am ever thankful for people like ALL of you.

Oct 2022

Dear Friends,

We want to thank you for all the wonderful care you have given to Tilli and ourselves. You are truly angels and "midwives for the soul".

March 2023

I want your team to be very very aware that you all made the last two weeks of my mom's life the best she had experienced for a very long time.

Mariposa House Hospice
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